

because *Life Magic* matters

Kadamoy



## ITS ALL ABOUT YOU

Being empowered  
Connecting  
Finding your inner  
goddess and unique  
genius



kadamoy.com  
immersing kids in a world of natural sensory learning



M A G I C

P L E A S E

## WHAT IS A LIFE MAGIC CIRCLE?

CONNECTION / BETTER MENTAL HEALTH / SELF=EMPOWERMENT

**CIRCLES** are comprised of a group of local women who meet once a month, in-person, for a 2 hour get-together and each group is capped at 30 members. They are designed to be fun and supportive whilst gaining Life Magic tools for self-empowerment and boosting self-esteem.

### **FOR WOMEN** Life magic offers:

- a friendship circle of women
- combats loneliness
- stress relief and enhanced mental wellbeing
- scratching the “witchy” itch
- empowers you to find your own unique genius, inner Goddess and Life Magic path

## CIRCLE MEMBERS



## HOW IT WORKS

# EACH MONTH



Each monthly meeting consists of:

### A 10 MINUTE WELCOME:

- ‘tea & cake’ that encompasses the taste sensory influence of the month
- the diffuser will welcome you with the aromatic sensory influence of the month
- Learn how to “sage yourself” upon entry to keep vibration high and release slow, negative energies.

- This is followed by **THE 10 MINUTE OPENING RITUAL** where we sit in circle for some stress-relieving and cleansing breathwork to help us leave the stresses of life behind and engage in the magic of our two hours

*Two hours of stress relieving, self empowering, genius discovering, fun-loving sisterhood that brings back a bit of modern day magic to your life*



# EACH MONTHS CIRCLE (CONT)



This is followed by **A FUN 30 MINUTE PSYCHIC MUSCLE/INNER GODDESS BUILDING EXERCISE:**

- Such as trying Psychometry, Remote Viewing and much more
- These build confidence and channels your inner goddess
- This could be in circle or smaller break-out groups

Next is a **30 MINUTE SHOWCASE SLOT:**

- Specially chosen holistic therapists can offer the circle an interactive, fun & informative introduction to a therapy.
- Members gain a taster session, new insight and get to “try a therapy on for size” before paying for a session

Next up is the **CIRCLE LEADERS 30 MINUTE LIFE MAGIC “INFLUENCES OF THE MONTH”:**

- Bring to conscious thought all the subconscious sensory experiences they have had so far in this circle get together (they change each month)
- Chakra Work & Activation
- Introduce the Life Magic Challenge for the month (see sample on next page)
- Some Energy work & energy connection for the month

*Magic*

# EACH MONTHS CIRCLE (CONT)



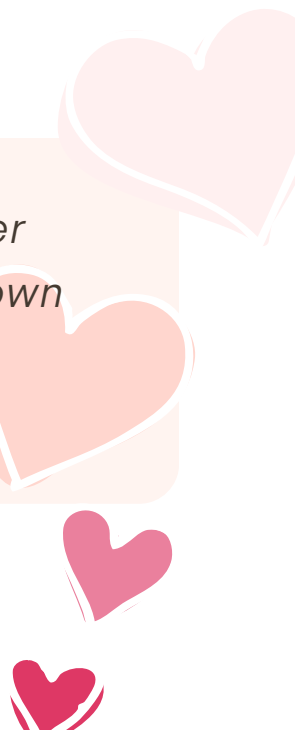
magic moments

Finally the **10 MINUTE CLOSING RITUAL:**

- CIRCLE LEADER highlights upcoming events
- Remind members to continue with their “CHECK IN” journals
- Highlight any oils, books, additions used in the session that are available for members to purchase
- Handouts for this months CELEBRATION Ritual (these can be done at home and are a great bit of self-care)
- Reminder of the colour to wear/incorporate for next month
- CLOSING RITUAL itself to ground us and protect us
- Stand up to move, dance, shake it off to this months song/soundtrack & say final AFFIMATION

“

*Sometimes women just need to know that another woman has her back and will, if needed, fix her crown without her even knowing it has slipped*



# CHOICE!

*Do something differently every day for the month*



## UPPING VIBRATION, ONE EXHILARATING CHANGE AT A TIME

Science knows we live nearly all our life (as much as 95%!) on auto-pilot. This can lead to us not using our full potential. This month, challenge yourself to do at **least one thing** outside of auto-pilot every day. This could be as simple as taking a different route home from work.



change and  
mix it up this  
month

Or perhaps even getting out of bed on the opposite side? Maybe saying "yes" when you would normally say "no", or writing/using your non dominant hand. Whatever you do, **do something different** this month and feel the uplift in your thoughts, self esteem and more.





because

Life Magic matters

## WHAT IS LIFE MAGIC?

*Empowering women through  
sisterhood to connect, be  
supported and nurture “magic”  
back into their lives*



OR CONTACT US TO  
ASK ABOUT BECOMING  
A GROUP LEADER!



Magic